Principal's Message
In this edition Melissa Powell, Principal, farewells our Class of 2016. We also share our student, community and co-curricular successes.

Farewell to the Class of 2016
Congratulations

Head of Senior School
In this edition, Adrian Lawrence reflects on the Class of 2016’s final day at school. We profile strategies for proactively managing exam pressure and celebrate recent activities in Science, Technology, Engineering, Arts and Mathematics.

Year 12s’ Final Day
Year 10 and Year 11 Exams and Wellbeing
Clash of the Clans
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From the Science Faculty

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National Poetry Competition Awards
Remembrance Day Service
Clash of the Clans 2016

Director of Boarding
In this edition Caroline Hodges reflects on the contribution made by the Class of 2016 boarders.

Our Year 12 Boarders

Director of Service Learning
In this edition Lynne Moten, Director of Service Learning, celebrates the success of recent service and advocacy events at Seymour College.

Seymour Service Activities

Music, Sport, Clubs and Activities
This week we celebrate our Round 9 sporting achievements and celebrate our student success in the Duke of Edinburgh Awards.

Summer Sport Round 9 Results
Duke of Edinburgh Award Update
Seymour College Coaching Clinics

Community
Book now for our annual Dance Showcase and School Holiday Coaching Clinics. We invite community members to support the Magpie Springs Small World Art Exhibition, the McGregor Hall refurbishment and to pre-order your edition of Colour Me Seymour.

Seymour Dance Showcase
Colour Me Seymour
Seymour College Coaching Clinics
"A Small World" - Magpie Springs Art Exhibition
Annual Giving and McGregor Hall’s Chair for the Future Appeal
Diary Dates
Principal's Message

In this edition Melissa Powell, Principal, farewells our Class of 2016. We also share our student, community and co-curricular successes.

Farewell to the Class of 2016

The following is an excerpt from the speech delivered by Melissa Powell at the Year 12 Farewell Assembly on 28 October:

This week has been an extremely important milestone for our Year 12 students as they shared their last classes at Seymour College and prepared for their final examinations and life beyond school. We are so proud of you and wish you all the very best for the next few weeks – it is indeed a very exciting time!

I would like to acknowledge our Head Girl, Isobel and Deputy Head Girl, Grace as well as our Head Boarder, Emily and Deputy Head Boarder, Claudia. Thank you girls for actively demonstrating what it is to be young women of strength, optimism and justice and for your contribution to Seymour College.

Finally, I would like to recognise our wonderful graduating Year 12 students who are soon to be ending their Seymour College journey, and embarking on the start of a brand new one next year!

They are a truly exceptional group, characterised by their enthusiastic and diligent approach to every aspect of College life. Each and every one of these young people sitting in front of you is a credit to themselves, their families and every member of the Seymour College community.

Their caring and considerate natures, their zest for life and the support they have consistently shown their peers, other students and staff has been remarkable and truly appreciated.

I sincerely wish you all the very best and hope that all of your dreams are realised. Remember: always strive for your personal best and be open to new ideas and challenges. Make the most of each and every day.

Undoubtedly, our wonderful Year 12 students are going to be under a little bit of pressure over the next few weeks, so I thought I would leave you with one of my favourite stories. Year 12s, if things get a bit too much for you over the next few weeks, try and remember the moral of this story…

One day a farmer’s donkey fell down into a well. The animal cried piteously for hours as the farmer tried to figure out what to do. Finally, he decided the animal was old, and the well needed to be covered up anyway; it just wasn’t worth it to retrieve the donkey.

He invited all his neighbours to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realised what was happening and cried horribly. Then, to everyone’s amazement he quieted down.

As the farmer’s neighbours continued to shovel dirt on top of the animal, he would shake it off and take a step up.

The moral of the story is:

- Life is going to shovel dirt on you, all kinds of dirt.
- The trick to getting out of the well is to shake it off and take a step up.
• Each of our troubles is a stepping stone.
• We can get out of the deepest wells just by not stopping, never giving up!
• Shake it off and take a step up!

Remember the five simple rules to being happy:

• Free your heart from hatred - forgive
• Free your mind from worries - most never happen
• Live simply and appreciate what you have
• Give more
• Expect less from people but more from yourself

All the very best Year 12s. We will miss you!

*Carpe diem*
*Seize the day*

Melissa Powell
Principal

Photos from the Year 12 farewell assembly, morning tea and dinner are available to view and purchase at festivalphoto.com.au, with details on how to log in available on SOCS.
Principal's Message

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Congratulations

Our students continue to inspire us with their focus on excellence and their journey to becoming women of strength, optimism and justice, prepared to take life on.

Duke of Edinburgh’s Award

Congratulations to Mahima (Year 12) who has been invited to a presentation at Government House to received her Gold level of Duke of Edinburgh’s Award certificate and badge.

To read more about Mahima’s achievements, please click here.

State Soccer Development

Congratulations to Year 7 Bronte who has been selected in the State Soccer Development Squad. To qualify, Bronte, who is just 12, participated in an intensive selection process including a large squad of older Goalies. Well done Bronte.

Highland Dancing

Nine Seymour girls competed at the last highland dancing competition for the year on Saturday 5 November held by the Port Adelaide Caledonian Society. Well done to Year 5 Imogen, Year 3s Amber, Bridget and Sasha H, Year 1s Leila, Phoebe and Sasha A and Foundation students Elodie and Sienna who performed over 40 dances between them. They won first placings, ten second placings, four third placings as well as two merit awards. The girls were also the overall aggregate winner in the 9 year old category.

Our dedicated highland teacher, Nathania Burgess, is now taking new enrolments for next year. Please contact the Junior School office on 8303 9002 for more information.

Tennis

Congratulations to Year 7s Naomi and Truc-Mai on their selection to the Adelaide South East District Tennis team for the SAPSASA State Carnival in late November. The coaches have been very impressed with the respect and the determination of these two and we look forward to seeing their results.

Excellence in Teaching

Congratulations to Head of Science Nicole Harding, one of 60 State and Territory recipients in the 2016 ASG National Excellence in Teaching Awards. Thank you also to the Seymour Community for their recognition of excellence by nominating Nicole.

Laboratory Managers’ Award

Congratulations to Laboratory Technician Liz Barrett who has received two awards for excellence in supporting valuable recognition of outstanding service to Science.

Old Collegian Success

Old Collegian Susan Allin (’08) has worked with our Director of Digital Learning Technologies, Jodi Gordon-Moulds, as an Account Manager with Microsoft's Australian Education Team for the past two years. She will begin her next role with Microsoft as a Technical Account Manager in Canberra. Her role is to build a strong relationship with the Chief Information Officer Group (CIOG) in the Department of Defence, and work with them to develop strategies to ensure their implementation of Microsoft technologies is a success.
Head of Senior School

In this edition, Adrian Lawrence reflects on the Class of 2016's final day at school. We profile strategies for proactively managing exam pressure and celebrate recent activities in Science, Technology, Engineering, Arts and Mathematics.

Year 12s’ Final Day

Friday 28 October was a momentous occasion for the girls in Year 12 as they had their final full day at school. Although many girls still have SACE Stage 2 Exams and Valedictory, we celebrated their remarkable achievements and contributions during their time at Seymour at a wonderful farewell assembly. This was followed by a chance for students and parents to share morning tea together on the Boarders’ Lawn. The Year 12 girls then had a lot of fun with their final Clash of the Clans activity, encompassing charades, volleyball and tug-of-war.

On Friday evening, parents, staff and girls gathered for drinks. It was a fantastic opportunity to mingle and reflect on the girls’ development and their appreciation for their teachers’ support over their time at Seymour.

Although Valedictory marks the final occasion at Seymour for our Year 12s, remarkably, for some parents this event was their final gathering at Seymour after 20 years of their daughters attending the College.

The evening culminated in the much anticipated Year 12 Farewell Dinner, where staff and students gathered to celebrate the girls’ final year at Seymour; a particular highlight of the evening was the girls opening letters they wrote to themselves at the start of Year 10.

Adrian Lawrence
Acting Head of Senior School
Head of Senior School

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Year 10 and Year 11 Exams and Wellbeing

Prior to the Year 12 exams, which commenced this week, Kelly Walker, a member of our outstanding teaching staff, ran a seminar on study and exam preparation. This proved so valuable to the Year 12s who attended that we decided to extend this to our Year 11s in the lead up to their exams.

The session covered aspects such as time management, goal setting, memory strategies, minimising stress and the importance of sleep. For all our Year 11s this was a timely reminder about the importance of managing their wellbeing during these times of high intensity and pressure.

This week also saw the first of four sessions presented to our Year 11 students, looking at wellbeing within their cohort. These sessions, based on Positive Psychology principles and research, are delivered by staff to our Clan groups and touch on a variety of topics associated with student wellbeing. The sessions deal with elements including Happiness, Relationships, Productivity, Exercise Habits and Resilience.

As our Year 11s enter their exam period and are on the verge of their last year at the College, all these aspects of their wellbeing will be vital in ensuring their success whilst at Seymour and beyond.

Both Year 10s and Year 11s have their final exams in Week 7, so from this point I encourage all Year 10 and Year 11 students to begin preparing for their exams. It is vital that they communicate well with their teachers during this time and make use of the resources available to help them through this period.

Adrian Lawrence
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Clash of the Clans

Last week saw the extravaganza that is Clash of the Clans. This unique series of events is an amazing opportunity for our girls to engage in spirited cross-Clan rivalry.

With activities as varied as volleyball, tug-of-war and charades, they proved a welcome relief from the intensity of study and allowed the girls to express themselves through this fun competition.

Well done to all our students for their enthusiasm in supporting their Clans across the week and congratulations to the overall winners, Clan Bruce, and also to Clan Stewart for taking out the Spirit Cup. A fantastic event enjoyed by all.

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Ingenuity 2016

On Friday 28 October, 25 students from Years 7 to 10 attended this year’s Ingenuity Expo. There were 290 projects grouped under nine different themes, including Sustainability, Health, Defence and Security, Energy and Society and Environment.

The students attended an introductory talk by a professor from the School of Petroleum Engineering, who spoke about his area of research and the importance of STEM subjects. He explained how science subjects open many doors and teach skills like problem solving, critical thinking and collaborative skills.

Ellen, a student studying a bachelor of Chemical Engineering (Pharmaceuticals), spoke about some of the applications of her degree and how engineers work in teams, sharing ideas to come up with the best solutions. We also met two Seymour Old Collegians: Vanessa Glenny ('11), who is currently working on her Masters Degree in Mathematical Sciences and Erika Kawashima ('11), who was presenting her Chemical Engineering Honours project.

Some thoughts from the girls who attended are below:

Attending Ingenuity 2016 was an great experience. We observed the amazing exhibits of the university students, gaining knowledge about many aspects of modern technology. I have definitely been privileged to visit the exhibits and I learned a lot of new things about Engineering, Maths, Science and Technology.
Grace, Year 7

The Ingenuity Expo was a very rewarding experience for me. There were lots of fun and interactive projects. I found the Tournament of Minds particularly interesting and the robots also gained a large audience. We learnt about engineering and what engineers do in their different fields. I would recommend this Expo to anyone who enjoys STEM activities.
Truc-Mai, Year 7

Sharon Eichinger
Science/Maths Teacher
Head of Senior School

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From the Science Faculty

Science Creativity Education
A highly motivated group of students from Years 8 to 11 recently attended the SciEd Creativity Workshop at the University of South Australia. Students worked to brainstorm ideas for the Science Creativity Education Studio (Sci•C•Ed) that will launch in mid 2018, through LEGO® SERIOUS PLAY®

You can watch a video of our students at the workshop here.

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Repromed Presenters
Through the CSIRO SMiS Program, Dr Deirdre Zander-Fox (Scientific Director) and Dr Leanne Pacella-Ince (PGS/PGD Coordinator) from Repromed, returned to speak to Year 11 Biology students about embryonic development and the ethics of prenatal testing.

SPIE BioPhotonics Australasia conference
Year 11 Physics students attended the SPIE BioPhotonics Australasia conference programme in late October. The transdisciplinary area of Biophotonics aims to use light to provide new ‘windows’ into the body, with the development of tools for cardiovascular disease, cancer and chronic pain.

Students saw demonstrations of nanoparticles in action and discovered how ‘light shaping’ may be used to make invisibility cloaks. Students were addressed by Professor Mark Hutchinson, Director of the ARC Centre of Excellence for Nanoscale BioPhotonics. Professor Hutchinson established the Neuroimmunopharmacology research laboratory and suggests that there are fields of Science that don’t yet exist.

I wonder what field our Science students will create in the future?

Nicky Harding
Head of Science Faculty
Why Do Adolescents Not Get it Right Sometimes?

The Raising Children Network states that:

> many people think that adolescence is always a difficult time, and that all teenagers have bad moods and behave in challenging ways. In fact, some studies show that only 5-15% of teenagers go through extreme emotional turmoil, become rebellious or have major conflicts with their parents. Social and emotional changes are part of your child’s journey to adulthood.¹

It is these social and emotional changes that we deal with in the Middle Years. These changes assist your daughter in forming her own identity as she moves away from learning to be like her parents, to developing her independence and growing sense of self.

I have spoken to some girls in the last few weeks about them all wanting the same things – to feel part of a peer group, to establish their own identity and to feel a sense of security of where they belong. When any of these are challenged then their perceived world and sense of value seems lost. While adolescents are jostling for their place, it is important to recognise that relationships ebb and flow.

I have told students that it is good to have a variety of relationships within their peers. The benefits of not relying on one small group is that in Senior School, and beyond, students feel confident in making their own choices without being worried about what their friends are doing. They feel confident to make choices that benefit themselves.

The website I referenced at the start of this article provides practical ideas on how you can support your daughter navigate her way through these emotional and social changes. Our College Counsellors, Clan Guardians and Form Teachers all have a wealth of knowledge and experience in dealing with young adolescents and I encourage you to use them as a resource if you are worried about this aspect of your daughter’s development.

Rachel McKee
Head of Middle School

Reference:
Head of Middle School

In this edition Rachel McKee reflects on the difficulties of adolescence. We celebrate our Middle School musical and recent activities in Science, Technology, Engineering, Arts and Mathematics.

The Wizard of Oz

One of the most memorable experiences for many of the Middle School students is participating in the annual Middle School Production. Each year we endeavour to create a magical, unique show of the highest standard and this year was no exception with our production of The Wizard of Oz.

In fact, this year we set ourselves the challenge of producing the full, professional version of a musical, instead of a school adaptation. It proved to be a worthy challenge for all involved, providing excellent opportunities for the students to push themselves to professional standards.

The Wizard of Oz is a classic, which tells the story of young Dorothy from Kansas, on her adventures in the magical world of Oz. Oz is a special place, somewhere over the rainbow, where Dorothy learns to value what is most important in life – being with those she loves.

As soon as guests arrived in the Centre for Performing Arts, they were transported with Dorothy – and Toto – to Oz, where they experienced all of the wonder that this fantasy world has to offer.

Special thanks goes to Musical Director, Graeme Quinn, Choreographer, Hannah Moten, Michael Storer, for his expertise with sound, lighting and set construction, Ruth Harrison for the stunning costumes, Set Designer, Tanya Gallery, Stage Manager, Em Webber, and to the many parents, staff and students who offered their time and services throughout the production.

Congratulations to everyone involved.

Michele Richter

Director
Head of Middle School

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**Colour Me Seymour**

How do you celebrate the achievements of incredibly creative students in a highly successful Visual Arts Programme? You create a colouring in book which captures the imagination, energy, excitement and love of learning at Seymour College.

*Colour Me Seymour* features over 80 original works created by our Middle and Senior School students and staff.

Colour Me Seymour will be launched on Thursday 24 November. Please click here for more information and RSVP details.

To order your copy (or copies) of this wonderful colouring in book, please click here.
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Nicky Harding
Head of Science Faculty
Head of Middle School

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International Connections

Helen arrived from Beijing, China at the beginning of Term 2, 2016. She shares some of her first impressions of her life in Adelaide below.

Shirley de Vries
International Student Coordinator

When I arrived in Adelaide from Beijing, I noticed differences in the weather, food and drink, language and customs. In Beijing, when we encounter acquaintances, we usually ask “Have you eaten?” to show our care and friendliness. People here usually start their conversation with: “How are you?”

I was taught the typical reply: “I am fine thank you and you?”, and then the other person should say “I am fine too.” I remember when I first arrived at Seymour and people didn’t reply in the way I had been taught, I realised that I was in a new country and starting a new life, and that I’d need to learn English all over again.

All of my roommates have become my friends. They teach me new vocabulary using body language, if necessary, to help me understand. I still laugh when I remember how they explained “Laser Tag” to me.

I am so bad at English names. I can’t remember the name of the buildings in our College and I can’t recall some of my classmate’s name. I make mistakes but these are just adding more fun to my life.

Although everyone looks different from the people back home, I have fallen in love with Adelaide; the hospitality and friendliness, and natural beauty of Adelaide makes it like Beijing.

Helen, Year 9
Head of Junior School

This week we take a moment to remember those who fought for our freedoms, we celebrate student achievements in the CJ Dennis Poetry competition and the Clash of the Clans.

National Poetry Competition Awards

As part of the Writers' Group activities in Term 2, the girls studied the poetry of CJ Dennis. They then wrote their own poetry, emulating the humour or style of the many examples of CJ Dennis' work that we had shared.

The results showed that the girls were able to translate what they had read into skills evident in their own writing. A selection of the poems were entered into the CJ Dennis Poetry Competition, with the winners announced at the CJ Dennis Poetry Festival in Toolangi, Victoria, a former home of CJ Dennis.

Year 5 Gaby's poem, The Brumby received second prize in the Primary category. Her poem beautifully followed the distinctive rhythm of Dennis' style of poetry. It was a sensitive account of a girl who had a dream of riding a brumby. As Gaby's poem unfolded, she used descriptive vocabulary to evoke the journey towards the girl's dream becoming a reality.

Year 5 Lily's poem, The Wackergongnee, received third prize in the Primary category. Her work was inspired by CJ Dennis' wonderful poem about a fantastical creature, The Triantiwontigongolope. She coupled her imaginative ideas with subtle humour and produced a very entertaining poem about a creature you would have to be very lucky to ever catch a glimpse of.

A key to inspiring students to write poetry of their own is to offer them the opportunity to deeply enjoy and appreciate it for themselves. We do this by sharing poetry together – discussing it, noticing the details, appreciating the humour, identifying the purpose of it and picking up the language strategies that the poet has used to create an engaging piece. The girls can then choose from their own experiences and observations to form a platform for using their own ideas to create poetry.

Alison Vince
Junior School Librarian
Head of Junior School

This week we take a moment to remember those who fought for our freedoms, we celebrate student achievements in the CJ Dennis Poetry competition and the Clash of the Clans.

Remembrance Day Service

This year, once again, the Junior School gathered at our beautiful Remembrance Garden to recognise and remember the past and present commitment to freedom of men and women from around the world. We publicly and silently thanked those who have given their service and, in too many instances, their lives, to promote peace.

We continue to be grateful for the courage and valour shown by so many and hope that in our everyday actions and words we can reassure them that their diligence and determination have not been in vain. We remain indebted to those who continue to work towards peace around the globe.

We will remember them.

Shelley Travers
Head of Junior School
Head of Junior School

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Clash of the Clans 2016

Another fantastic afternoon of Clan camaraderie and friendly competition led to this year’s Clash of the Clans being another successful Seymour event for players and spectators alike. ‘The Clash’ is a series of netball games played between our Year 5 leaders with the Clan scoring the most goals throughout the competition taking out the cup. Congratulations to the girls from Clan Stewart for their 2016 victory and to the following girls who were awarded The Spirit Cup for their teamwork and cooperation and for representing their Clan with strength, optimism and justice:

Bruce – Scarlet
Cameron – Caitlyn
Douglas – Lily P
Stewart – Georgia M

It was great to see everyone participating with enthusiasm and a determination to do their very best for their Clan. Skill levels were varied but commitment, passion and energy were in abundance. It was inspiring to see our ‘almost ready to graduate’ Junior School leaders so positively encouraging one another.

Shelley Travers
Head of Junior School
Director of Boarding

In this edition Caroline Hodges reflects on the contribution made by the Class of 2016 boarders.

Our Year 12 Boarders

It has been a busy few weeks in the Boarding House. The focus has been on our Year 12 boarders who have led our boarding community wonderfully well this year.

As they prepare for their upcoming exams, we reflect on their time in the Seymour College Boarding House. From spending as many as five years to as little as one year as Seymour boarders, these girls have certainly forged a place in our memories. We are thankful for all of their contributions and, along with wishing them well for their future, we will miss them.

One of our younger boarders, Arabella (Year 7, Tieyon) reflected on the friendships of the ‘older’ boarders who made her feel so welcome when she arrived:

> When I arrived at the Boarding House I wasn’t sure about everything, but after meeting some of the Year 12s I’ve made some really good friends and learned a lot. I can’t imagine the Boarding House without them. I’ll miss them.

Several younger sisters spoke candidly about the incredible relationships that had strengthened with their older sister whilst boarding. Courtney (Year 10, Wudinna) shared this with our boarding community at our recent farewell service:

> I will miss my big sister tremendously and hope that everything works out for her in the future; live life to the fullest, always be happy and do everything the best you can. I love you and wish you the best of luck in the future.

Courtney’s thoughts were not far from our own for these girls, all of whom have become our beloved ‘sisters’.

Caroline Hodges
Director of Boarding
Director of Service Learning

In this edition Lynne Moten, Director of Service Learning, celebrates the success of recent service and advocacy events at Seymour College.

Seymour Service Activities

A Most Memorable Presentation
This week students were privileged to hear Iraqi-Australian poet, Yahia Al Samawy recite his poem *Four Loaves from the Heart’s Oven* accompanied by our String Quartet playing a composition by our cello teacher Hilary Kleinig, *From Darkness to Day*.

Yahia is a much acclaimed and published poet who arrived in Australia in the 1990s as a refugee. He has published 26 books, and won six major awards in Arabic literature, along with many smaller awards for his writing. His heartwarming performance touched our students deeply, and they were able to ask questions to give them a greater understanding of his background. Yahia commented on the astounding skill of our String Quartet, which is a reflection of the dedication of our music teachers, Sharon Morley and Hilary Kleinig, and their efforts with their students.

Walk to Raise Funds
Recently Claire, Year 7, organised a small group of enthusiastic supporters to walk with her in the JDRF One Walk to raise money for research into Juvenile Diabetes Type 1. Claire has been a persistent and passionate supporter of the cause and this event alone saw her raising more than $1,000. Thanks Claire for all you do for this most worthwhile cause.

Lynne Moten
Director of Service Learning
Music, Sport, Clubs and Activities

This week we celebrate our Round 9 sporting achievements and celebrate our student success in the Duke of Edinburgh Awards.

Summer Sport Round 9 Results

Basketball
Senior A defeated Pulteney 46–28
Mid A defeated Pulteney 58–25
Mid B were defeated by Pulteney 14–48
Mid C1 were defeated by St Peters 16–23
Mid C2 defeated Walford 48–19

Softball
B Team defeated Scotch 13–9

Tennis
Premier League—Bye
Premier League Reserves—Bye
Division 1 Team 1 defeated Wilderness 5–1 (34–14)
Division 1 Team 2 were defeated by Wilderness 2–4 (16–26)
Division 2 Team 1 defeated Wilderness 3–3 (22–21)
Division 2 Team 2 defeated Wilderness 6–0 (36–5)
Division 3 Team 1 defeated Wilderness—Forfeit
Division 3 Team 2 defeated St Peters—Forfeit
Division 4 Team 1 were defeated by Wilderness 0–6 (13–36)
Division 4 Team 2 were defeated by Westminster 0–6 (10–36)

Touch
Senior B Team defeated Pembroke 14–1
Senior C Team defeated Mary McKillop 11–1

Volleyball
Senior A defeated Woodcroft 3–0
Senior B defeated Immanuel 3–0
Senior C defeated Woodcroft 2–1
Mid A defeated Woodcroft 2–1
Mid B were defeated by Immanuel 1–2
Mid C defeated Woodcroft 2–1
Water Polo
Year 11/12 B Team defeated Sacred Heart 4–3
Year 11/12 C Team defeated Pembroke 10–1
Year 9/10 A/B Team were defeated by St Ignatius 2–12

Chris Davidson
Sports Coordinator
This week we celebrate our Round 9 sporting achievements and celebrate our student success in the Duke of Edinburgh Awards.

Duke of Edinburgh Award Update

A very special congratulations to Year 12 student Mahima who has worked hard over the past 18 months to achieve the Gold level of the Duke of Edinburgh’s Award.

Mahima will receive SACE credits for her award, and has been invited to attend a Gold Award Presentation at Government House to receive her certificate and badge.

So, what does this mean? It is no easy task, especially when coupled with Year 12 studies. Mahima has spent at least 60 hours over 12 months serving the community, 12 months developing a skill, a minimum of 40 hours in at least one physical recreation activity, five days/four nights on a residential camp, and four days/three nights on an expedition.

To gain her Gold Award, Mahima undertook the following activities:

- Physical Recreation - running
- Skill - driving
- Volunteering/Service – local church youth club
- Adventurous Journey – Year 10 Camp, May 2014
- Residential Project – French language and cultural exchange, April 2015

Christie McAuley
PE Teacher/Duke of Edinburgh Coordinator
**Music, Sport, Clubs and Activities**

This week we celebrate our Round 9 sporting achievements and celebrate our student success in the Duke of Edinburgh Awards.

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**Seymour College Coaching Clinics**

Coaching clinics for girls and boys, aged 4-14 years, are held at the College during school vacations.

The programme for the Dec 2016-January 2017 Coaching Clinics is now available.

Please book early as popular sessions book out quickly.

To download your information and booking booklet, please click here.
Community

Book now for our annual Dance Showcase and School Holiday Coaching Clinics. We invite community members to support the Magpie Springs Small World Art Exhibition, the McGregor Hall refurbishment and to pre-order your edition of Colour Me Seymour.

Seymour Dance Showcase

Join us at the Seymour Dance 2016 Showcase on Sunday 27 November 2016 at the Centre for Performing Arts, Seymour College, 546 Portrush Road, Glen Osmond.

Junior Concert: 11.30am-12.30pm
Senior Concert: 2.00pm-3.00pm
Tickets: $15.00, bookings at www.trybooking.com/230162

Please click below for more information.
Join us at the Seymour Dance 2016 Showcase on Sunday, 27 November 2016

at the Centre for Performing Arts, Seymour College, 546 Portrush Road, Glen Osmond

Junior Concert: 11.30am-12.30pm
Senior Concert: 2.00pm-3.00pm

A sausage sizzle, provided by the Seymour College Parents’ and Friends’ Association, will be available for purchase at the conclusion of the Junior Concert until 2.00pm. Other refreshments will be available throughout the day.

Tickets: $15.00, bookings at www.trybooking.com/230162
Tickets available from Friday, 16 September until Friday, 11 November.
Ticket numbers are limited – book early and don’t miss out!

For more information, please contact Seymour Dance on 8333 0003
or email dance@seymour.sa.edu.au

TAKE LIFE ON
STRENGTH • OPTIMISM • JUSTICE
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Colour Me Seymour

How do you celebrate the achievements of incredibly creative students in a highly successful Visual Arts Programme? You create a colouring in book which captures the imagination, energy, excitement and love of learning at Seymour College. 

Colour Me Seymour features over 80 original works created by our Middle and Senior School students and staff.

Colour Me Seymour will be launched on Thursday 24 November. Please click here for more information and RSVP details.

To order your copy (or copies) of this wonderful colouring in book, please click here.
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"A Small World" - Magpie Springs Art Exhibition

A Small World

A Small World is an International Open Exhibition of small works held at Magpie Springs Gallery, South Australia. 200 established, mid-career and establishing artists worldwide have come together as a direct result of social media. This is an artist’s collaboration with a worldwide auction to raise funds for Cancer Research through Marilyn Jetty Swim for Cancer Council SA.

The exhibition features work by Seymour’s Visual Arts Coordinator, Christine Wheatley-Dawson. Sculptures by our Year 9 students, made this year during the Seymour College /Magpie Springs joint art project, will be proudly unveiled as part of the official launch. This opening will be live streamed worldwide.

Exhibition opening Sunday 13 November 2016 at 2.00pm. Tickets must be purchased in advance here.

Please go to the Magpie Springs Facebook page www.facebook.com/MagpieSpringsWinery or click here for more information about this event.

The exhibition runs until Sunday 15 January 2017 at 5.00pm. This unique show is first of its kind in South Australia. Be part of it!!

If you are not on Facebook, you can find more information here.

Christine Wheatley-Dawson
Visual Arts Coordinator
Community

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Annual Giving and McGregor Hall’s Chair for the Future Appeal

Thank you to everyone who has generously supported the past Annual Giving appeals. Your support goes a long way towards advancing vital College projects.

We have launched our 2016 Annual Giving Appeal and this year we are asking for support for the refurbishment of a great hall that has been witness to many performances, assemblies and special occasions over the past 40 years. McGregor Hall is in need of major renovations to create a dynamic music and performance space for the future.

To contribute to this transformation you may wish to sponsor a Chair for the Future. An engraved plaque with your choice of wording will be placed on the back of your chair and you will have the pleasure of knowing that your generosity has made it possible for a young student to showcase their talents, join in communal activities and develop an appreciation of the performing arts (tax deductible donation of $1000 per chair).

Alternatively, as part of the Annual Giving Appeal you may choose to support the development of the Taylor Resource Centre or contribute to the Library Fund. Any size of gift is greatly appreciated. If you are considering a larger gift, you may like to establish a named scholarship.

For more information on donating, scholarships or leaving a bequest, please contact Vicky Lekis, Director of Advancement, on 8303 9072 or via email vilekis@seymour.sa.edu.au Gifts over $2 are fully tax deductible.

Vicky Lekis
Director of Advancement
Community

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Diary Dates

Sunday 13 November to Sunday 15 January
'A Small World' International Art Exhibition at Magpie Springs Gallery, Hope Forest SA

Monday 14 to Friday 18 November
Years 3 and 5 Swimming
Year 9 Camp 1
Year 12 Exams

Tuesday 15 November
OCA Committee Meeting and AGM 7.00pm

Thursday 17 November
P&F Committee Meeting and AGM, Barr Smith House 7.00pm
The positions of Treasurer and Community Liaison Officer are open for expressions of interest. Please click here for a nomination form or contact Emma Farrer at EFarrer@seymour.sa.edu.au or phone 8303 9046.

Friday 18 November
OCA South East Lunch
JS Future Leaders' Day
Thank You Function 6.30pm

Saturday 19 November
Summer Sport (MS only)

Sunday 20 November
JS to Scots Church

Monday 21 to Friday 25 November
Years 2 and 4 Swimming
Year 9 Camp 2
Year 12 Exams

Tuesday 22 November
MS Concert, CPA 7.00pm

Wednesday 23 November
Year 6 2017 Orientation Day
Year 6 2017 Parent Function 6.30pm
Thursday 24 November
MS Boarders’ Orientation
P&F JS Sausage Sizzle

Friday 25 November
JS/MS 2017 Orientation Day
Staff Christmas Market, 4.00-7.00pm

Saturday 26 to Sunday 27 November
Exeat Weekend

Sunday 27 November
Seymour Dance Showcase - book at www.trybooking.com/230162

Monday 28 November
St Andrew's Day OCA Assembly, Sports Centre 11.00am
St Andrew's Day OCA Luncheon, 12.00pm

Wednesday 30 November
Year 9 Graduation

Thursday 1 December
JS End of Year Concert 9.00am

Thursday 1 and Friday 2 December
Year 10/11 Exams

Friday 2 December
JS Swimming Carnival
Year 10 2017 Orientation Day

Monday 5 December
Barr Smith Campus

Tuesday 6 December
JS Christmas Carols

Wednesday 7 December
EY Christmas Concert

Thursday 8 to Friday 9 December
P&F Second Hand Book Sale and Collection

Thursday 8 December
Services Fair
Year 5 Graduation and Final Assembly
Boarders’ Christmas Dinner

Friday 9 December
Year 12 OCA Breakfast
Term 4 End 12.30pm
Valedictory Service Years 6-12, Sport Centre