Principal’s Message
In this edition Melissa Powell, Principal, outlines the reasons for the recent College closure on 29 September, celebrates Roald Dahl Day and shares our student, community and co-curricular successes.

College Closure, Thursday 29 September
Roald Dahl Day
Congratulations

Business Director
Rita Chetcuti, Business Director, invites tenders for the new Sports Centre Café.

Sports Centre Café

Head of Senior School
In this edition of Seymour News we discuss respect in the Senior School. We also celebrate student successes in both Chemistry and Drama, and share the benefits of industry visits for Business and Enterprise students.

Relationships Begin with Respect
Locker Rooms
Year 10 Drama Performance
RACI Chemical Analysis (Titration) Competition
Year 11 Business and Enterprise

Head of Middle School
In this edition Rachel McKee reflects on the many successes Middle School girls enjoyed during Term 3. We also share a student reflection on our inaugural Year 6 Book Launch.

Term 3 Reflection
Year 6 Book Launch

Head of Junior School
This week Shelley Travers profiles the Year 5 Study Tour to Ballarat, Grandparents’ and Special Friends’ Day and student successes in Highland Dancing. We also provide an update on our journey to offering the International Baccalaureate Primary Years Programme and September.

Year 5 Study Tour to Ballarat
Grandparents’ and Special Friends’ Day
Seymour Highland Dance
September Update
PYP Units of Inquiry

The Early Years at Seymour
In this edition of Seymour News we celebrate a number of special events including the Little Heroes Fun Run, our Fathers’ Day Celebrations and the Ainsley Visit to Barr Smith Campus. We invite families to join us as we support The Nappy Collective.

Little Heroes Fun Run
Fathers’ Day Celebrations
Ainsley S Visit Barr Smith Campus
The Nappy Collective
**Director of Boarding**

*In this edition of Seymour News, Caroline Hodges, Director of Boarding, shares her pride for our boarders and their ability to put others before self.*

**Boarders Supporting Charities**

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**Director of Service Learning**

*In this edition Lynne Moten, Director of Service Learning, celebrates the success of recent service and advocacy events at Seymour College.*

**Recent Service Events**

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**Music, Sport, Clubs and Activities**

*This week we celebrate our community involvement in the City-Bay Fun Run, the 24 Hour Pedal Prix competition and the School Sport Australia Swimming Championships. We also profile a number of activities for students during the upcoming holidays.*

- Sunday Mail City-Bay Fun Run 2016
- Pedal Prix 24 Hour Race
- School Sport Australia Swimming Championships
- Kensington District Cricket Club Academy
- School Holiday Netball Clinics

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**Community**

*This edition reminds you not to miss out on purchasing your Entertainment Book and provides an update on Seymour Shop opening hours, The Chair for the Future Appeal and diary dates.*

- Seymour Shop Opening Hours
- Entertainment Book P&F Fundraiser
- Annual Giving and McGregor Hall’s Chair for the Future Appeal
- Diary Dates
Dear Parents and Caregivers,

Thank you for your understanding regarding the closure of the College on Thursday due to the unprecedented and unpredictable weather we have experienced this week.

This decision was made with consideration of a number of factors, including the Commissioner of Police, Grant Stevens, formally declaring the weather storm in Adelaide to be an Identified Major Incident under Section 22 of the Emergency Management Act 2004.

At the time of this announcement on Wednesday, South Australia was experiencing a state-wide power outage in conjunction with severe weather events. A continued Severe Weather Warning for Damaging Winds and a Road Weather Alert were also in place.

In making our decision to close the College, we also considered the following:

- The safety of students and families travelling to and from school. Emergency Services had requested all non-essential travel be avoided.
- The possible impact of damaging winds on our uniquely beautiful and heavily treed campus.
- The number of students residing in areas where the severity of the weather events was expected to be extreme with regard to possible damage and local road obstructions.
- The power outage which, at the time, affected our ongoing ability to communicate with the Seymour community. It was unknown when power would be restored.

I thank all parents, caregivers, staff and students for your patience and understanding. We are aware that due to the power outage there were some disruptions to telephone and internet services, including email. Unfortunately, these were all out of the College’s control.

I hope that all members of the Seymour Community have remained safe and that the coming break allows some special family time for all.

I look forward to welcoming our girls and their families back to the College on Monday 17 October for the first day of Term 4.

Best wishes

Melissa Powell
Principal
In this edition Melissa Powell, Principal, outlines the reasons for the recent College closure on 29 September, celebrates Roald Dahl Day and shares our student, community and co-curricular successes.

Roald Dahl Day

In a recent Middle School Assembly, I spoke to the girls about the author Roald Dahl and shared with them some fascinating insights into his life. Dahl is a very interesting example of someone who had a really positive approach to misfortune. I have included an excerpt from my speech for your interest:

September 13 was Roald Dahl Day. This year it was extra special because Roald Dahl was born exactly 100 years ago. There were events that took place all around the world to commemorate his birth.

I am sure that you all have a favourite Roald Dahl novel. I am sure that many of you have read The BFG, Matilda, Charlie & the Chocolate Factory, The Witches, James & the Giant Peach, The Twits, The Fantastic Mr Fox, Danny the Champion of the World, Charlie & the Great Glass Elevator, Esio Trot or The Enormous Crocodile. And of course, there is always Roald Dahl’s Revolting Rhymes!

But what makes Roald Dahl’s stories and novels so special? On the one hand, they’re real. It’s possible to identify with the situations that are described in his usual bizarre way. They may be extreme, but we can all recognise the emotions and pressures.

That’s true for both children and adults. Whatever your age, there’s something for you in his writing, either reminiscing about your own childhood or living out how children today respond to the way adults behave.

They’re also rather rude. Dahl doesn’t hang back from describing what isn’t exactly polite.

Finally, his books are funny. Sometimes, they make us laugh out loud. At other times, they provoke a wry smile as we recognise something about ourselves.

The thing about Dahl’s books that strikes me is that his stories often contain elements that are unexpected - it’s often impossible to predict what’s going to happen next. In fact, one of his collections of short stories for adults is called Tales of the Unexpected.??

Even more unexpected is that Dahl wrote his stories out of a life that was full of tragedy. It all started in his childhood. His father died when he was only four years old, so he grew up without a close male role model. His schooling was traumatic, partly because he had a strong streak of nonconformity in him. He never liked rules and was a practical joker, so he was often punished, sometimes physically.

Dahl left full-time education as soon as he could. He began to travel in North America and Africa. During the Second World War, he became a fighter pilot, but a crash landing of his plane led to Dahl suffering severe injuries to his skull, spine and hip. He was hospitalised for a long time.

Illness and accident dogged his family. His young son was badly injured when a taxi collided with his pram. His eldest daughter died from a bad reaction to a dose of measles. His wife, the famous actress Patricia Neal, suffered multiple brain haemorrhages and nearly died.

So how, in a life full of tragedy and difficulty, did Roald Dahl manage to write the funny, life-affirming, optimistic stories...
that he did?

First, he refused to be self-pitying. He didn't wallow in his misfortune or seek people's sympathy, and he refused to be pessimistic. He was always looking for what might be possible rather than allowing himself to be weighed down by the difficulties that surrounded him. If he encountered a problem, he sought a way to overcome it.

When, following his accident, Dahl's young son suffered a brain condition called hydrocephalus, Dahl explored ways to relieve the symptoms. He enlisted the help of an engineer to invent a special valve that would drain excess fluid from his head.

Following his daughter's death, Dahl fought passionately for research into ways to prevent the common illness of measles from developing into something worse.

When his wife became disabled as a result of her brain injuries, Dahl devised a detailed recovery programme that enabled her to return to acting.

So, how do we react when the going gets tough? Some people retreat into self-pity. They perceive themselves as victims, feeling that the world is against them. They constantly ask for help and become terribly self-centred. Others can't see any future to look forward to. They feel as if a dark cloud is hovering over them and nothing will ever be better. Many people become passive, waiting for the next piece of bad news. Roald Dahl would not have identified with any of this. He was constantly working to create the unexpected.

We can never predict misfortune. That is something else that is unexpected.

But Roald Dahl points to the fact that we need not be slaves to the bad things that happen in life. Let us keep our eyes open to see anyone who is going through a hard time and let us be the ones who help to turn things around.

Now, before I finish I am going to share with you two of my favourite Roald Dahl quotations:

• A person who has good thoughts cannot ever be ugly. You can have a wonky nose and a crooked mouth and a double chin and stick-out teeth, but if you have good thoughts they will shine out of your face like sunbeams and you will always look lovely.

• If I were a headmaster I would get rid of the history teacher and get a chocolate teacher instead!

Carpe diem!

Melissa Powell
Principal
Principal's Message

In this edition Melissa Powell, Principal, outlines the reasons for the recent College closure on 29 September, celebrates Roald Dahl Day and shares our student, community and co-curricular successes.

Congratulations

Our students continue to inspire us with their focus on excellence and their journey to becoming women of strength, optimism and justice, prepared to take life on.

Highland Dancing

Congratulations to the eight Seymour students who competed in the City of Port Adelaide Highland Dancing Competition on Saturday 17 September. Leila (Year 1), Phoebe, Sasha, Sienna (Foundation) and Year 3s Amber, Bridget, Eloise and Sasha performed brilliantly, earning a number of top-three placings including a third for overall winner in 9-year old dance. Well done to the girls and their dedicated teacher, Nathania Burgess.

Lacrosse Success

A number of Seymour students featured in premiership wins for the Burnside Lacrosse Club this season. Congratulations to Year 8 Cassie and Year 7 Emily, whose team won the U13 Girls Div 2 title and to Year 9 Lilly, Year 10s Alexandra and Millie and Year 11s Annie and Katie on their title win in the U18 Girls Div 2 competition.
Year 8 student Elizabeth will be competing in the Australian Lacrosse Association U15 National Tournament with The Comets during October. Good luck Elizabeth.

Netball Premiers

Our Year 3 netballers - skilfully managed by coach, Fran Bennett - completed their season undefeated with a 21-4 win against Walford Blue. This was their first season of interschool competition and they are now eagerly awaiting the arrival of their very first 'Premiers' pins!
Our Year 4 netballers were also crowned premiers. Well done to Coach Melissa Apthorpe and the girls on a great season and their team spirit during the competition.

High School Musical 2

Congratulations to Year 9s Chelsea, Emily, Isabelle and Tia who will be performing in Shane Davidson’s High School Musical 2 this weekend. It will be great entertainment for the whole family, tickets and showtimes are available by contacting shanedavidson@internode.on.net.

Debating State Final

Well done to our Year 7 Debating team who were runners up at the Debating State Final. Bronte, Catherine, Lucy, Simran and Veronika performed well on the topic of ‘The Olympics should only be held in first world countries’, speaking in the affirmative. Congratulations to coach Zoë (Year 10) and the girls on a fantastic effort.

Basketball State Championships

Congratulations to the Seymour Year 6/7 SAPSASA basketball team who competed at the State Championships during Week 9. The team played exceptionally well, finishing in third position overall.

August Eastern School Sports Award

Year 9 Lucy has been awarded the Eastern School Sports Award for August. The awards recognise outstanding achievements by SA sportspeople aged 10-18 over the past year. Overall winners will be announced at the Celebration of SA Sport gala evening at Adelaide Oval in November.
Swimming Championships
Congratulations to Ella (Year 9), Olivia (Year 6), Lara (Year 7), Lucy (Year 9), Indyanna (Year 5) and Georgina (Year 5) on a fantastic meet at the SSA National Swimming Championships in Darwin this month. Students were involved in numerous events and many achieved PB times in their races. Lara was selected as the Primary School Girls Captain and performed her role exceptionally.

To read more, please click here.

Emily (Year 11), Madeline (Year 9) and Isabel (Year 8) competed at the 2016 State Team Age Short Course Championships held at the Australian Institute of Sport in Canberra this week. All three girls swam personal bests in their respective events. Congratulations to all of our swimmers.

Pedal Prix 24 Hour Race
Our Pedal Prix teams competed in the 24-hour race in Murray Bridge on Saturday 24 and Sunday 25 September. The Year 6/7 car came third in their group, which was a strong result given that the girls had only nine out of a possible 20 riders. The Year 8/9/10 car came fifth, showing great determination. Congratulations to both teams on an outstanding race.

To read more, please click here.

IGSSA Interstate Sporting Challenge
Year 11 Maddy and Year 10 Olivia were selected for South Australia's first ever IGSSA Interstate Sporting Challenge team held at Monash University. The Sporting Challenge featured netball, soccer and tennis. The girls competed in the State netball team and achieved bronze.

Old Collegian Scholarship Recipient
Congratulations to Old Collegian, Felicity McLeod ('02), who has received a 2017 Nuffield Australia Scholarship, supported by Australian Wool Innovation. Felicity will investigate how to increase income potential through diversification in Far-Western wool enterprises and hopes to discover ways to improve staff health, safety and retention, animal health, business bottom line, quality, and total grazing pressure. We wish her all the best with her research.

Melissa Powell
Principal
Seymour College is pleased to invite tenders for the leasing of our new Sports Centre Café.

Building on our strong commitment to providing an excellent experience and service to our students, parents and to the wider community, the College is introducing an alfresco café at its Sports Centre facility.

The aim of the café is to create a centrally located, easily accessible, relaxed and welcoming community-based hub, where a variety of high quality café style food and beverages are offered for purchase to the community.

The Sports Centre is host to a variety of sporting activities annually and attracts a significant amount of traffic to the College. Such traffic includes students, staff, parents and external community members. A typical week brings in excess of 1,000 visitors through the College’s sporting facility.

The café includes a generous sized equipped kitchen of 22m². There is an alfresco area of 41m² immediately outside under a verandah, which comfortably seats 12 persons. There is a further 100m² available beyond the verandah onto the current lawned area, where planning is currently underway to install seating and shade for up to 32 persons.

The café, which has frontage to the Sports Centre car park, has a pleasant panoramic outlook over the Mitchell Oval and surrounding treescape.

Interested parties should request a Tender Pack from Mrs Rita Chetcuti, Business Director on 0408 841 694 or by email rchecutti@seymour.sa.edu.au.

**Tenders close 2.00pm, Friday 28 October 2016.**

*Rita Chetcuti*
*Seymour College Business Director*
In this edition of Seymour News we discuss respect in the Senior School. We also celebrate student successes in both Chemistry and Drama, and share the benefits of industry visits for Business and Enterprise students.

Relationships Begin with Respect

In my previous Seymour News articles this term I have emphasised the importance of developing good relationships between all members of our community. One of the core values that underpins a community such as Seymour’s, and the relationships that we form, is the respect we show each other.

Quite often we are told that ‘Respect is something earned, not something given’. What a terrible place our world would be if all our relationships had to follow this mantra.

Let me explain… This adage implies that ‘I will only respect you if you earn it from me’ and that, by extension, we start our relationships from a point devoid of respect. I would certainly challenge this by saying that respect is something that can be built upon as well as diminished, but that there is a basic respect that we show to each other, as well as the world around us, as a manifestation of our basic humanity.

Respecting others, even if we have just met them, is a central feature of any relationship development. This basic respect involves our ability to recognise the humanity of the other; to not judge but to take the time to listen and begin knowing the other. This level of respect is then influenced by our interactions from this point. Through our own actions and those of the other, our mutual respect can rise and fall.

Respect comes in many forms:

- Treating others the way you want to be treated.
- Showing kindness and consideration.
- Liking yourself enough to be yourself.
- Accepting others for who they are.

These ideas are a wonderful description of the way in which respectful relationships can be born and flourish. However, our starting point should always be that of respecting the other no matter what our preconceptions and that from this, real relationships are forged.

For our students at Seymour, and the members of our wider community, we must remember to enter all our interactions with others from a point of respectful engagement and build upon this basic element of our humanity.

Holidays

May I take this opportunity to wish all our students, their families and our staff a happy and safe time over the coming holidays. I would like to thank the entire Seymour community for welcoming me as Acting Head of Senior School and look forward to working with you all throughout Term 4.

Adrian Lawrence
Acting Head of Senior School
Head of Senior School

In this edition of Seymour News we discuss respect in the Senior School. We also celebrate student successes in both Chemistry and Drama, and share the benefits of industry visits for Business and Enterprise students.

Locker Rooms

As we round off our third term of 2016 I have been reminding our students about the importance of respecting their environment and thereby respecting each other. Environments that have needed particular attention are their respective locker rooms.

These are spaces in which our girls interact at close quarters and as such require particular care and respect from all. I have reminded each of our Senior School year levels about the particular needs of each space and the responses from the cohorts have been highly positive and proactive. Maintaining an awareness of the needs of others is a key responsibility of every member of our community and especially between our students in these very important spaces.

Adrian Lawrence
Acting Head of Senior School
Head of Senior School

In this edition of Seymour News we discuss respect in the Senior School. We also celebrate student successes in both Chemistry and Drama, and share the benefits of industry visits for Business and Enterprise students.

Year 10 Drama Performance

On the evening of Monday 19 September, the Year 10 Drama class presented a workshop performance of our interpretation of an Indigenous one-woman play, The Seven Stages of Grieving. Written by Wesley Enoch and Deborah Mailman, this play was written as a one-woman show, but we took the script and performed it using a cast of 13 young women, to present our version of the varying stories of many Indigenous women.

It was a workshop performance with one show only. The Year 10 students worked tirelessly to present a very powerful, and often haunting, performance of the stories of these Indigenous women. This was a moving experience for our audience, and particularly for the students involved. They were witness to the extraordinary humanity of the experiences of some Indigenous people in our community. Performing the piece was an opportunity for us to raise awareness, build empathy and give some insight into the stories and history of Indigenous people.

Lisa Parsons
Year 10 Drama Teacher
In this edition of Seymour News we discuss respect in the Senior School. We also celebrate student successes in both Chemistry and Drama, and share the benefits of industry visits for Business and Enterprise students.

RACI Chemical Analysis (Titration) Competition

On Saturday 17 September, three Year 12 Chemistry students competed in the national finals of the RACI Chemical Analysis (Titration) Competition at the University of South Australia laboratories. The Dream Team, comprising Celia, Claudia and Georgia, performed a particularly difficult analysis involving a reaction between potassium hydrogen phthalate and sodium hydroxide. The sample of potassium hydrogen phthalate was contaminated with barium sulfate, which made the process more complex.

The girls did a fantastic job with the analysis, which was of a level of difficulty that they had not encountered before. Whilst our team may not have made it to the national top 20, the girls performed to a very high standard. Georgia received a gold badge and Celia and Claudia both received silver badges.

Thank you to Liz Barrett and Krishna Panchal, who spent hours preparing and packing the very delicate volumetric equipment for us.

Belinda Sziller
Chemistry/Science Teacher
Head of Senior School

In this edition of Seymour News we discuss respect in the Senior School. We also celebrate student successes in both Chemistry and Drama, and share the benefits of industry visits for Business and Enterprise students.

Year 11 Business and Enterprise

In Week 7, the Year 11 Business and Enterprise class visited Techno Plas, a plastic manufacturing company that is a fully automated factory. The use of automation has enabled the company to remain globally competitive with countries, such as China, that have low labour costs.

We were fortunate to tour the factory with CEO, Nigel Wilkinson, who explained the benefits of the company’s innovation. For example, automation has increased the efficiency and consistency in the products they produce. The automation of robots allows the business to operate 24/7 without extra labour costs, therefore making the business more profitable.

It was interesting to discover the prospects of the company, as they are currently only employing highly skilled staff - such as engineers - who can programme and repair the machinery and robots. The machines manufacture the actual plastic products, and the robots control the transport of the boxes and finished products around the factory. It was fascinating to learn that over 60,000 Petri dishes are produced each day, as well as thousands of other products, including police breathalyzer units and Maggie Beer ice cream tubs, to name a few.

This excursion was a very worthwhile experience as we were able to see first hand what it takes for a relatively small business to be competitive globally.

Annabel and Tiana

Year 11
Head of Middle School

In this edition Rachel McKee reflects on the many successes Middle School girls enjoyed during Term 3. We also share a student reflection on our inaugural Year 6 Book Launch.

Term 3 Reflection

The end of Term 3 it is a great time to reflect on some wonderful things that have happened in the Middle School this semester:

- Clan Choral – I was impressed with the participation and poise of the girls at this very important Clan event.
- Year 6 Book Launch – a new event in Middle School and wasn’t it a success?! There was such a lovely atmosphere in the CPA as Year 6 students proudly showcased their written creations.
- The Year 6/7 disco was a fun night and I was pleased with how the girls conducted themselves. There was an excited atmosphere and I have had many reports that it was an enjoyable night.
- The Middle School cancer fundraising day - featuring beanies, odd socks, crazy hair and cupcakes, raised awareness and funds to help cancer research.
- The Year 7 Enterprise Fair – the culmination of a term’s work of investigating viable options, planning and running a stall to raise money for homeless and underprivileged children, was another great success.
- The Year 8 camp at Murray Bridge – many students were challenged and they also supported their peers to take safe risks and feel a sense of accomplishment, while working out of their comfort zone.
- Year 9s are keeping us safe at the Hardy Gates crossing. They have also begun their Seymour Thinker’s in Residence (STiR) proposals enthusiastically.
- There have been many sporting and co-curriculum activities and events including aerobics, debating, equestrian, hockey, Intercol, music ensembles, Pedal Prix, SAPSASA, swimming, volleyball and water polo, that have resulted in personal bests and successful achievements.

Over these holidays it will be a good time for your daughter to focus on setting herself up to finish the school year positively. I spoke to Middle School students at a recent Assembly about looking after themselves and each other, ensuring that they get enough sleep, use class time effectively and keep to deadlines with assessment tasks. I stressed that it is important to talk with their teachers ahead of time if there are any issues.

Students will be back wearing their summer uniforms in Term 4. Please have your daughter try hers on before school resumes and have hemlines adjusted if necessary. It is surprising how tall some girls have grown over the winter months.

I wish all families a restful break and I hope that you get to enjoy some sunshine. I look forward to students returning on Monday 17 October.

Rachel McKee
Head of Middle School
Head of Middle School

In this edition Rachel McKee reflects on the many successes Middle School girls enjoyed during Term 3. We also share a student reflection on our inaugural Year 6 Book Launch.

Year 6 Book Launch

On the afternoon of Thursday 15 September, the girls in Year 6 were very excited to launch their picture storybooks. We were proud of our displays in the CPA and thrilled to have so many parents, staff and students admire and comment on our work. After six weeks of planning, drafting and editing our stories and illustrations, it felt so rewarding to showcase our books.

Because they helped us by answering our survey questions early on in the planning process, Junior School students in Years 2 and 3 received a special invitation to the launch. We used their answers to guide us and they enabled us to plan engaging stories for younger readers. We were very grateful for their assistance.

Writing and illustrating my very own picture book was an exciting journey. From the minute I was given the task, many ideas rushed through my brain. I enjoyed every part of all the many related tasks. Planning and drawing the pictures was really good fun. I thought that writing a picture story book would be easy, but now I appreciate all of the work that is involved from planning the story ideas and illustrations, to editing, publishing and binding the final copy. I managed to design a poster and bookmarks in time for the launch. I also decided to bring in an old toy turtle, as one featured in my picture book titled Sandy and Eddy Clean the Sea.

Overall, the Year 6 Book Launch was fun, exciting and a great learning experience. Now I consider myself an author!

Prathicksha, 6H
Head of Junior School

This week Shelley Travers profiles the Year 5 Study Tour to Ballarat, Grandparents’ and Special Friends’ Day and student successes in Highland Dancing. We also provide an update on our journey to offering the International Baccalaureate Primary Years Programme and Steptember.

Year 5 Study Tour to Ballarat

Our Year 5 leaders had a fabulous week in Ballarat, their excitement not at all dampened by the unusually high rainfall.

The girls dressed in Victorian era children’s clothing and attended a school set up as it would have been during the Gold Rush, which was a wonderful experience for them. The teacher was strict and the girls learnt that ‘Silence is golden’. Using a nib pen and ink, learning sewing and reciting the alphabet backwards ensured that they were fully immersed in the 1850s curriculum. The ‘Light and Sound Show’, MADE Museum, panning for gold and shopping in the quaint Sovereign Hill village stores, all added to the historical experience. Many girls wished that they could go back in time again.

On their return, the girls reflected on their experiences:

The best thing about camp was

When we went shopping because I got to go into different shops and buy souvenirs. I also loved going to school because I learnt how to write in cursive, say the alphabet backwards and how to sew cross-stitch.

Natalie

Something I learnt about myself on camp was

It is as easy to say the alphabet backwards as it is forwards if you only try. I also learnt how to do a different type of cross-stitch from the one I am used to doing.

Lily

What did I learn about our unit of inquiry

I learnt more about the Eureka Stockade by watching the ‘Sound and Light Show’, going to the museums and going to school. One of the main things I learnt was how the stockade started and about the burning of the Eureka Hotel.

Imogen

Something that I am proud of

I was independent and did activities without my family around. I had commitment to do the right thing and achieve my goals. I had integrity because I was fair and I didn’t talk behind other people’s backs.

Elise

I am proud of my resilience during camp. It didn’t matter who I sat next to on the bus, so with this belief I managed to get to know others in my year level. I am really proud of not being shy with people and making loads of new friends.

Imogen

Shelley Travers
Head of Junior School
Head of Junior School

This week Shelley Travers profiles the Year 5 Study Tour to Ballarat, Grandparents’ and Special Friends’ Day and student successes in Highland Dancing. We also provide an update on our journey to offering the International Baccalaureate Primary Years Programme and Steptember.

Grandparents’ and Special Friends’ Day

   God couldn’t be everywhere so he invented Grandparents

Observing the personal interactions of this year’s Grandparents’ and Special Friends' Day proved once again that the bond between grandparents and grandchildren is strong and enduring. Smiles abounded and showed why it is one of the highlights of the Junior School calendar.

Many grandparents travelled long distances, and came from as far as China and interstate, to spend the day with us, celebrating the learning progress and education that is happening here. Every classroom and specialist area was filled with examples of the hard work, persistence and exciting growth of our children. The assemblies showcased some of their developing gifts and talents.

Proud grandchildren visited our spectacular Junior School art installation, Cardboard Town and we remembered absent friends and family on our Remembering Wall. Grandparents were also given the opportunity to write a message to their special Seymour girl on our Graffiti Wall. We are also grateful to the many visitors who purchased new books for our Resource Centre. Sharing morning tea on the Junior School lawn gave us an opportunity to sample some of the delicious homemade treats from the Friends of Pipe Band fundraising stall.

Thank you to everyone who contributed to this wonderful day.

Shelley Travers
Head of Junior School
Head of Junior School

This week Shelley Travers profiles the Year 5 Study Tour to Ballarat, Grandparents’ and Special Friends’ Day and student successes in Highland Dancing. We also provide an update on our journey to offering the International Baccalaureate Primary Years Programme and Steptember.

Seymour Highland Dance

Congratulations to the eight Junior School girls who competed in the City of Port Adelaide Highland Dancing Competition. Their energy, enthusiasm and hard work were an inspiration to all.

The Seymour girls performed brilliantly, winning two first awards in the 5 year-old dances, and four second and two third places in the 6 year-old dances. In the 8 and 9 year-old dance sections, our team placed third overall and received one first, two second and six third places in various 9 year-old dance categories.

Well done girls. Our thanks goes to their dedicated teacher, Nathania Burgess, who has worked hard to build a strong squad of young Highland Dancers. Lessons are held Monday afternoons in McGregor Hall if any other girls are interested in learning Highland Dancing.

Shelley Travers
Head of Junior School
Head of Junior School

This week Shelley Travers profiles the Year 5 Study Tour to Ballarat, Grandparents’ and Special Friends’ Day and student successes in Highland Dancing. We also provide an update on our journey to offering the International Baccalaureate Primary Years Programme and Steptember.

Steptember Update

It has been great to see so many staff, students and parents from across the College participating in the Steptember challenge. We have even picked up a couple of additional teams during the past few weeks. You can keep track of all of our teams by visiting the Leaderboard in the Junior School office.

Here is the Seymour Leaderboard as of 19 September. Keep logging those steps.

1st Track Trekkers 944,995 steps
2nd Cirque de SoreLegs 885,003 steps
3rd Black Watch Steppers 863,768 steps
4th Stepladders 830,623 steps
5th Step Sparkles 785,701 steps
6th Seymour Steppers 778,959 steps
7th Steddy Steppers 757,543 steps
8th Step Toes 700,101 steps
9th Buff Bookies 674,656 steps
10th Late for School 633,223 steps
11th Rockstar Steppers 587,900 steps
12th Blissful Soles 518,812 steps
13th The Genons 359,515 steps
14th Holy Walkamolies 338,461 steps
15th Glitter Step Girls 239,000 steps

Shelley Travers
Head of Junior School
**Head of Junior School**

This week Shelley Travers profiles the Year 5 Study Tour to Ballarat, Grandparents’ and Special Friends’ Day and student successes in Highland Dancing. We also provide an update on our journey to offering the International Baccalaureate Primary Years Programme and Steptember.

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**PYP Units of Inquiry**

Our staff have added work samples from recent unit of inquiries into the Portfolio folders. While these will not go home at the end of the term, they are available in classrooms for perusal.

Portfolio folders will go home at the end of the year, and you may keep this as a collective sample of work your daughter has completed in her first year undertaking the Primary Years Programme.

During the past two weeks, year level teams have met to collaboratively plan the final units of inquiry (UOI) for 2016. In Foundation and Year 1, the girls will work under the Transdisciplinary Theme: How the World Works, with the Central Idea: *Simple Machines make everyday tasks easier, and Seasons are a part of the Earth’s natural cycle.*

Girls in Year 2 will focus on two UOI in Term 4. The first under the Transdisciplinary Theme: *How we Express Ourselves* – with the Central Idea: *Stories can engage their audience and communicate meaning.*

And the second UOI focuses on *Who We Are*, with the Central Idea: *The first Christmas was a joyful celebration.*

In Year 3, the girls will look at the Central Idea: *Geography, climate and culture give a country its uniqueness.* The Transdisciplinary Theme is: *Where we are in Place and Time.*

Girls in Year 4 will focus on the *Sharing the Planet* unit with the Central Idea: *Earth is home to many things that rely upon each other.*

And lastly in Year 5, the unit: *How we Express Ourselves* has been jointly planned with specialist teachers, Caroline Jacobs and Emma Petersen. This unit will explore the Central Idea: *Indigenous people express themselves through the arts.*

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**Steph Bates**  
*Assistant Head of Junior School Curriculum and PYP Coordinator*
The Early Years at Seymour

In this edition of Seymour News we celebrate a number of special events including the Little Heroes Fun Run, our Fathers’ Day Celebrations and the Ainsley Visit to Barr Smith Campus. We invite families to join us as we support The Nappy Collective.

Little Heroes Fun Run

On Friday 16 September, The Early Years at Seymour held a very special event to raise funds for Neuroblastoma Australia. The children and staff made masks and dressed up as super heroes to show their support for Edwina, one of our students who has been battling the disease since her diagnosis in April.

With support of families and a wonderful cheer squad of Junior and Senior School girls, the children took to the 1km obstacle track to raise funds and awareness for this rare childhood cancer.

Each learning space had a chance to hit the track. After some brief warm-up activities, they ran three laps of the specially made course on the College oval.

The Little Heroes Fun Run was based on a similar event held in Sydney each year and we raised over $640 for Neuroblastoma Australia. It was a wonderful community event, made even more special because Edwina and her family were able to join us and run the track with her friends. We became television stars too as the fun run was filmed and shown on the Chanel 9 News!

Click here to watch the news clip on Facebook.

The event finished with an afternoon tea picnic and an opportunity to play and soak up the glorious sunshine together.

Susan Lock
Director, The Early Years
The Early Years at Seymour

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Fathers' Day Celebrations

Some people don’t believe in heroes but they haven’t met my dad!

To celebrate the very special bond between a child and their father figure, the children in The Early Years came together for a morning feast. On Thursday 3 September, the children gathered at 7.30am for a delicious pikelet breakfast. This was a wonderful opportunity for the children to share their learning journey folders, snuggle up for a story and spend priceless time together.

As it was Book Week, the children came dressed as their favourite book character and it was wonderful to see some dads join in the fun and dress up too! Our beautiful morning concluded with singing performances and quotes, read out especially for our dads, uncles and grandfathers, to wish them a Happy Fathers’ Day.

Susan Lock
Director, The Early Years at Seymour

Fathers’ Day celebration photos are available to view and purchase at festivalphoto.com.au, with details on how to log in available on SOCS.
The Early Years at Seymour

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Ainsley’s Visit Barr Smith Campus

A few weeks ago, the Ainsley S children were delighted to receive their own, individually-designed invitation to attend a party on the Barr Smith Campus. The Year 9 Home Economics students had begun planning a children’s party, especially for them!

Party day finally arrived and despite the rainy weather, the children eagerly put on their rain coats and hats and we made our way to the Barr Smith campus.

The wet walk was worth it! The Year 9s were dressed in costumes and greeted us with smiles. They taught the young children some cooking skills and shared the party food that they had prepared for us. The children had a great time piping icing to decorate cupcakes, tasting dips and smoothies, and interacting and having fun with their new friends in Year 9.

Thank you to Madalena Styles and the Year 9 Home Economic students for providing a wonderful opportunity for us to engage with older students within the Seymour community. We all shared in the Learning Journey together.

Bec Stevens
Early Years Educator
In this edition of Seymour News we celebrate a number of special events including the Little Heroes Fun Run, our Fathers’ Day Celebrations and the Ainsley Visit to Barr Smith Campus. We invite families to join us as we support The Nappy Collective.

The Nappy Collective

The Early Years at Seymour are excited to be a drop off point for The Nappy Collective this year. The Nappy Collective began in October 2013, when a young mother found a stash of nappies that her child had outgrown. She thought that other people could have unwanted nappies too and her strong social conscience gave her the idea to redistribute them as a way to help others in the community.

Nappies are an essential childcare requirement, but families with limited incomes often choose between clean nappies and other basic needs such as food for the family.

By donating any leftover, unused nappies, families receive material aid that can really assist with the healthy growth and development of their child in early childhood. With your support, we ask you to ‘spring clean’ your cupboards and donate those outgrown nappies to the collection point at The Early Years. Together we will collect leftover nappies and redistribute them to organisations that support women in crisis and families in need.

The collection will continue from 14–28 October, so please also tell family, friends and neighbours and bring your nappy donations to The Nappy Collective drop off point at The Early Years at Seymour.

Susan Lock
Director, The Early Years at Seymour
In this edition of Seymour News, Caroline Hodges, Director of Boarding, shares her pride for our boarders and their ability to put others before self.

Boarders Supporting Charities

I am always proud of the way in which our boarders try to fit in as many activities as they can whilst here at Seymour College.

I have recently had extra cause to be very proud of our boarders. Three of our boarders volunteered to have 20 centimetres cut off their hair, with this hair being donated to Variety, the children's charity, to be made into wigs for children suffering from hair loss due to cancer treatment.

Last weekend, 17 of our boarders ran in the Seymour College team in the Sunday Mail City-Bay Fun Run Team, to raise funds for, and awareness of, Neuroblastoma Australia, and to support a young member of our College community. These girls gave so much effort, putting others before themselves. Feeling pain through some very sore legs is nowhere near the pain felt by many who suffer from debilitating illnesses.

Our boarders always think of others before themselves and, as this is one of the values of our boarding community, I am very proud to be leading it into the future.

Caroline Hodges
Director of Boarding
Recent Service Events

The Great Ponytail Cut Off
SRC Captain, Venuri, worked hard to bring this activity to fruition. Nearly twenty girls either had their ponytails cut off at lunch in the Lady George Quad, or at their own hairdressers, donating their hair for wig making for children who suffer from illness and disease. Some girls raised money for the charity that organises this collection of ponytails and I am sure the ponytails and the money will be received with much gratitude. Thank you to Shelley from Kendall’s Hairdressing, Walkerville, staff member Ruth Brown and Taylor from Be Hair Studio, Marion, for giving up their time to cut the girls’ hair.

A Taste of India Dinner
Thank you to the families of the girls travelling to India in January, and to the girls of course, for their wonderful organisation of a dinner attended by more than 170 people.

Many thanks go to Matt Smith from Klemich Real Estate, for auctioning the bigger items, and a big thank you to all who attended for your participation and generosity. The money raised will certainly be well used to help our partner communities in India fulfill some of their projects.

Fast Fashion Casual Day
The casual day to raise awareness about fast fashion, raised funds for an organisation that will continue to challenge unethical practices in the sourcing of materials and manufacturing of fast fashion.

The Student Leaders raised awareness leading up to the day, by showing clips in Form that highlighted the human cost of these practices. One thing that surprised some girls is that some of the most expensive clothing is made very cheaply, meaning that huge profits are made at the expense of some of the world’s poorest.

Some classes took the exercise very seriously, and none more so than Rachel Muncaster’s Year 6 class. They rated their clothing, and as a result have made decisions about where they will shop in the future. Some have already made conscious decisions about where they have shopped since the exercise.

Sophie said,

Seeing the clips about sweat shops, I was shocked at humankind. I can’t believe some people are prepared to treat others like that.

The girls have certainly carried the message into their relationships outside of school. It is great to have such young advocates in our community!

Lynne Moten
Director of Service Learning
This week we celebrate our community involvement in the City-Bay Fun Run, the 24 Hour Pedal Prix competition and the School Sport Australia Swimming Championships. We also profile a number of activities for students during the upcoming holidays.

Sunday Mail City-Bay Fun Run 2016

Congratulations to the 105 participants who pounded the bitumen in this year’s Sunday Mail City-Bay Fun Run. Despite cool conditions, everyone was in good spirits and made it to the finish to enjoy the team breakfast.

This year we had a number of family groups and members of staff participate, with the energetic boarders led by the Director of Boarding, Caroline Hodges. Congratulations to everyone who ran, jogged or walked their way to Glenelg. Many personal best times were recorded, not least of which came from the Deputy Principal, Darren Pitt, who completed the 12km in under an hour.

Seymour’s participation is made possible each year because of the sponsorship of Roundabout Charter. Tim Howard, Jimmy Howard, Andy and Mark provided us with bus transport to and from the event; no mean feat negotiating road closures and carrying all our personal belongings to the finish. We sincerely thank them for this and are grateful for their contribution to this Seymour community event.

Our appreciation also goes to Jo Abell, Izzy and Kate who were roadie managers at the finish. The breakfast preparation and photography were in very capable hands.

This year’s event took on a personal meaning with fundraising for Neuroblastoma Australia. We had a very special curtain raiser with The Early Years at Seymour holding a superhero fun run on Friday prior to the City-Bay - what a magical motivator! On Sunday, we were pleased to have two-year old Eddie and her ‘family of honour’ join us in the run and at breakfast. Well done to Eddie, who ran some of the 6km before finishing with a well-earned nap in the pusher.

Rosie Lake
Coordinator of Student Activities
**Music, Sport, Clubs and Activities**

_This week we celebrate our community involvement in the City-Bay Fun Run, the 24 Hour Pedal Prix competition and the School Sport Australia Swimming Championships. We also profile a number of activities for students during the upcoming holidays._

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**Pedal Prix 24 Hour Race**

The fourth and final race of the HPV Pedal Prix season, the greatly anticipated 24 hour race, was held on the 24-25 September along the Murray River. It was a superb event. The canopies and pit area looked fantastic and the ten-berth houseboat was truly luxurious.

Then: 24 hours of non-stop racing.

The girls rotated through their teams, only stopping to change riders roughly every 30 minutes. Everyone tried their best; always ready and excited to take their turn in the car. The girls all had great fun, the adrenaline from racing finally settling down.

By 12.00pm on Sunday both the riders and parents were all exhausted but elated that both teams had successfully completed the 24 hour challenge. The Year 6/7 team performed strongly and finished third in the All Girls Category 1, despite only having nine riders (of a possible 20). The Year 8/9/10 girls were also very competitive finishing fifth in the All Girls Category 2. Special mention to Anna, Year 10, who completed 35 laps in 1.5 hours of continual racing! All the girls’ performances showed great grit and determination.

On behalf of all of the girls who participated in Pedal Prix this year I would like to thank all of the parents who put in a huge effort to make this year as successful as it was. All of the great support and encouragement was appreciated. A huge thank you goes out to all of our sponsors and everyone who helped with the training, towing the trailer, catering and fundraising. A particular thank you to Paul Van Loenen and his team who work tirelessly to maintain our cars, making it possible to race.

I would also like to thank the Property Services team and Trevor Stephenson for everything they do every year. Finally, I'd like to say a massive thank you to all the girls who participated this year. You made this year fun and I hope to see you all next year. Congratulations girls on an amazing season.

*Lyndall Pratt*

*Pedal Prix Coordinator*
Thank you to our sponsors

Ovarian Cancer Research Foundation

Peak Velocity

1836 Catering

Arbon Design
Music, Sport, Clubs and Activities

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School Sport Australia Swimming Championships

Six Seymour girls represented South Australia at the School Sport Australia swimming championships held in Darwin in mid September. The highlight of each swimmer were:

Indy (Year 5) competed at her first national level swimming competition, finishing in the top 15 in her three individual events. In addition, she won a silver medal as a part of the New South Wales team in the 10-19 years 8x50 Freestyle relay.

Also at her first national level swimming competition, Georgina (Year 5) qualified for the final in the 10 years 100 backstroke, coming seventh in the final and swimming a huge 15 second personal best time over the day.

Olivia (Year 6) swam personal best times in all her three individual events. Her best placing was 11th in the 12 years 100 butterfly, with a 5.5 second personal best time.

Primary School Girls Captain, Lara (Year 7) placed within the top 15 in her three individual events swimming new personal best times. Her best placing was in the 12 year 100 backstroke.

Ella (Year 9) swam new personal best times in both of her races. She came tenth in the 15-16 years 50 breastroke and 11th in the 15 years 50 freestyle.

Lucy (Year 9) swam in two finals. She came seventh in the 13-14 years 100 backstroke and the 14 years 100 freestyle.

Congratulations to the girls on their fantastic achievements at this national championships.

Tamara, Year 12
2016 Swimming Leader
Music, Sport, Clubs and Activities

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Kensington District Cricket Club Academy

This season Kensington District Cricket Club is very excited to launch an Academy for girls. The Academy will provide keen young female cricketers with the skills required to start their cricket journey, and ready them for their cricketing future.

The Academy will be open to girls from 9-18 years in 2 divisions, and will be coached by former state player and coach, Carolyn Dittmar.

There will be 12, 90 minute sessions, from 4.00pm on Friday nights at Parkinson Oval, Kensington with additional internal and external trial games.

The program will start on Friday 28 October with six pre-Christmas sessions, and recommence on Friday, 10 February 2017, running for another six weeks.

Cost of the entire Academy program is $200 per person and covers coaching, equipment, facility hire and insurances.

A "Come and Try" session will be held on Friday 7 October from 4.00pm at Parkinson Oval.

To enrol, or for further information, please go to the club website http://kensingtonbrowns.com.au or contact Academy Co-ordinator, Jane Lowe, at girls.coord@kensingtonbrowns.com.au
Music, Sport, Clubs and Activities

This week we celebrate our community involvement in the City-Bay Fun Run, the 24 Hour Pedal Prix competition and the School Sport Australia Swimming Championships. We also profile a number of activities for students during the upcoming holidays.

School Holiday Netball Clinics

School Holiday Clinics

11 & 12 October 2016
Priceline Stadium

ANZ NetSetGO Come and Try / 5 - 7 years
Tuesday October 11th / 9:30am - 11:30am
Cost / $45 - sign in from 9:00am

ANZ NetSetGO Skills Clinic / 8 - 10 years
Tuesday October 11th / 1:00pm - 4:00pm
Cost / $55 - sign in from 12:30pm

Netball SKILLS Clinic / 11 - 16 years
Wednesday October 12th / 9am - 3:00pm
Cost / $90 - includes catered lunch

Visit sa.netball.com.au to book your place today!
Bookings close 2 days prior to the clinic start date subject to availability
Community

This edition reminds you not to miss out on purchasing your Entertainment Book and provides an update on Seymour Shop opening hours, The Chair for the Future Appeal and diary dates.

Seymour Shop Opening Hours

In Term 4, the Seymour Shop will be open on Monday 17 October from 8.00am-4.30pm (Day 1 of Term 4).

The Seymour Shop will also be open on Tuesday 18 October 8.00am-4.30pm (Day 2 of Term 4).

Opening Hours will then be as usual each week during term on:
Monday 8.00am-4.30pm
Wednesday 8.00am-4.30pm
Thursday 1.00pm-5.30pm

Deb Roach
Seymour Shop Manager
Community

This edition reminds you not to miss out on purchasing your Entertainment Book and provides an update on Seymour Shop opening hours, The Chair for the Future Appeal and diary dates.

Entertainment Book P&F Fundraiser

Thank you to everyone who has supported Seymour College Parents’ and Friends’ Association through the Entertainment Book fundraiser.

There is still time for you to help us reach our fundraising goal by purchasing your Entertainment Book membership today. Valid all the way through to June 2017, you only need to use it a couple of times for it to pay for itself.

For a limited time, postage is FREE to any address in Australia when you buy your Entertainment Book online from us!

To order, please go to www.entertainmentbook.com.au/orderbooks/160y161

Click here to take a look inside.

Hurry! Stocks are limited.

Sarah Lindsay
Parents’ and Friends’ Association Liaison Officer
Community

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Annual Giving and McGregor Hall’s Chair for the Future Appeal

Thank you to everyone who has generously supported the past Annual Giving appeals. Your support goes a long way towards advancing vital College projects.

We have launched our 2016 Annual Giving Appeal and this year we are asking for support for the refurbishment of a great hall that has been witness to many performances, assemblies and special occasions over the past 40 years. McGregor Hall is in need of major renovations to create a dynamic music and performance space for the future.

To contribute to this transformation you may wish to sponsor a Chair for the Future. An engraved plaque with your choice of wording will be placed on the back of your chair and you will have the pleasure of knowing that your generosity has made it possible for a young student to showcase their talents, join in communal activities and develop an appreciation of the performing arts (tax deductible donation of $1000 per chair).

Alternatively, as part of the Annual Giving Appeal you may choose to support the development of the Taylor Resource Centre or contribute to the Library Fund. Any size of gift is greatly appreciated. If you are considering a larger gift, you may like to establish a named scholarship.

For more information on donating, scholarships or leaving a bequest, please contact Vicky Lekis, Director of Advancement, on 8303 9072 or via email vlekis@seymour.sa.edu.au. Gifts over $2 are fully tax deductible.

Vicky Lekis
Director of Advancement
Community

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Diary Dates

A comprehensive calendar of events can be found by current parents on SOCS - click here.

Friday 30 September
Term 3 Ends at 1.10pm

Monday 3 October
Labour Day Holiday

Tuesday 4 to Sunday 9 October
Rowing Camp

Saturday 15 October
Clare Show

Sunday 16 October
Boarders Return from 9.00am
BPA AGM, Boarding House 5.00pm
BPA Drinks, Boarding House 6.00pm

Monday 17 October
Term 4 Begins
Students Commence 8.30am

Thursday 20 to Friday 21 October
Big Band 2 Seymour/PAC Tour

Friday 21 October
Early Years Loud Shirt Day

Saturday 22 October
Summer Sport Round 7